# ድምጺ ኣዕዋፍ ኣብ ንግሆ

# The sound of birds in the morning


LIDA Portugal

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Seyum


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ዩልያን በዓል ቤታን ንእሽቶ ጓሎምን ኣብ ዩክሬን ኣብ እትርከብ ንእሽቶን ጽምው ዝበለትን ገጠር ይነብሩ ነበሩ። ዩልያ ንግሆ ንግሆ ብድምጺ ኣዕዋፍ ክትበራበር ትፈቱ ነበረት። ብዛዕባ ካብ ገዛ ርሒቓ ምንባር ወይ እውን ንግሆ ብድምጺ ኣዕዋፍ ብዛዕባ ክትበራበር ዘይምኽኣል ሓሲባ ኣይትፈልጥን።

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Yulia, her husband, and their little daughter lived in a small, quiet village in Ukraine. Yulia loved being woken every morning by the sound of birds. She never thought she would live far away from home, or not be woken up by the sound of birds in the morning.

በዓል ቤታ እኹል ገንዘብ ስለዘይብሉ ኩሉ ግዜ የማርር ነበረ ሸዑ ብዙሕ መስተ ክሰቲ ጀመረ። ኣብ ፖርቱጋል ዕድሎም ክፍትኑ ወሲኖም። ምናልባት ኣብ ፖርቱጋል ዝያዳ ኣታዊ ገንዘብ ብምርካብ ገዛ ሰሪሖም ንስድራቤቶም ዝሓሸ መጻኢ ክገብሩ ይኽእሉ ይኾኑ።

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Her husband was always complaining about not having enough money and he began drinking heavily. They decided to try their luck in Portugal. Maybe there they could earn more money to build a house and make a better future for their family.

ዩልያ ምስቲ ሓድሽ ገዝኣ ጽቡቕ ጌራ ስለ ዝተላመደት ከም ናይ ጽሬት ሰራሕተኛ ኮይና ክትሰርሕ ጀመረት። ዓማዊላ ነቲ ጻዕራን ጭዋ ጸባያን ብሓቂ ኣድኒቖምዎ እዮም። በዓል ቤታ ግና ካብ ግዜ ናብ ግዜ ሸለል ከም ዝበለቶ ኮይኑ ይስምዖ ነበረ። ብሰንኪ እቲ ዝነበሮ መስተ ናይ ምስታይ ጸገም ኣስራሕቲ ኣይኣምንዎን እዮም ነይሮም ስራሕ እውን ክህብዎ ኣይከኣሉን።

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Yulia adapted well to her new home, and she started working as a cleaner. Her clients really appreciated her hard work and her polite attitude. Her husband, on the other hand, felt more and more left out. Because of his drinking problem, employers did not trust him and would not give him work.

ሓደ መዓልቲ ንዩልያ ክኹርየላ ጀመረ። ቀጺሉ ‘ውን ደፍኣ። እቲ ኲራን መግረፍትን ብፍላይ ምስ ሰኸረ እናገደደ ከደ። ዩልያ ንርእሳን ንጓላን ትፈርሕ ነበረት። ይኹን እምበር እንታይ ክትገብር ከም ዘለዋ ሓሳብ ኣይነበራን።

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One day he started yelling at Yulia. Then, he started pushing her. The shouting and beatings got worse, especially when he was drunk. Yulia was afraid for herself and her daughter, but she had no idea what she could do.

ኣብ መወዳእታ ዩልያ ቅልጽም ኢዳ ተሰቢራ ናብቲ ኣብ ሆስፒታል ዝርከብ ክፍሊ ህጹጽ ረድኤት ክትከይድ ምስ ተገደደት። ኣብ ፖርቱጋል ዘቤታዊ ዓመጽ ዓቢ ጸገም ምዃኑ ነገሩዋ። እዚ ገበን ስለዝኾነ ድማ ንፖሊስ ክትሕብር ከምዘለዋ እውን ገሊፆምላ።

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When Yulia finally had to go to the emergency room in the hospital with a broken arm, they told her that domestic violence was a huge problem in Portugal. They also said that it was a crime and she should report it to the police.

ዩልያ ተዳኺማ ስለ ዝነበረት እታ ንእሽቶ ጓላ መዓልታዊ ህውከት ኣብ እትርእየሉ ገዛ ክትዓቢ ኣይደለየትን። ዩልያ ዋላ’ውን ብዙሕ ዝተፈላለየ ይኹን እምበር ኣብ ገዝኣ ንብዙሕ ግዜ በደል ይበጽሓ ከም ዘሎ ተረድአት።

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Yulia was exhausted and did not want her little daughter to grow up in a home where she witnessed violence every day. Yulia realised that the signs of abuse had been there all along, even if it took many different forms.

ዩልያ ናብ ሓደ መዕቆቢ ደቂ ኣንስትዮ ከደት። ኣብኡ ድማ ካብቲ ንነዊሕ እዋን ዝነበረቶ ዝሓሸ ውሕስነት ተሰምዓ። ካብታ ንመወዳእታ ግዜ ንግሆ ብድምጺ ኣዕዋፍ ካብ እትበራበር ኣትሒዛ ከምኡ ዓይነት ስምዒት ኣይተሰምዓን።

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Yulia went to a women’s shelter, where she felt safer than she had in a long time. She had not felt like that since she was woken up by the sound of birds in the morning.

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